



Kidney Disease Screening and Awareness Program

2015-2016 Newsletter

August 2016

Welcome New Chapters of 2015-2016

- American University
- Amherst College
- Boston University
- UC Berkeley
- Carnegie Mellon Univ.
- Univ. of Connecticut
- Johns Hopkins Univ.
- University of Michigan
- Univ. of Minnesota
- Univ. of Pittsburgh

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KDSAP Student Leaders Get Trained in Boston

The Kidney Disease Screening and Awareness Program (KDSAP) held its very first New Chapter Training on July 17-18, 2015 since KDSAP's establishment in March, 2008. Students and mentors from six potential new chapters: Stanford University (CA), University of Pittsburgh (PA), American University (Washington D.C.), University of Minnesota (MN), University of Connecticut (CT), as well as two existing chapters: Rutgers University (NJ),



Dr. Li-Li Hsiao, founder of KDSAP, giving the Chronic Kidney Disease epidemic overview to new KDSAP chapter student leaders and mentors.

and University of Toronto (Canada) traveled to Boston to learn more about how Harvard College

KDSAP, the founding KDSAP chapter, runs both its on campus and com-

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Programs Designed for Student Development

Student Events

- February 23, 2016: "Meet the Doctor Panel: Work-Life Balance." Dr. Dirk M. Hentschel, Director of Intervention nephrology (IN) in the Renal Division at Brigham and Women's Hospital and Assistant Professor at Harvard Medical School, spoke to Harvard students about entering the medical field, nephrology,

and work-life balance. There were 25 attendees at this program.

- April 14, 2016: "Applying for Medical School." Dr. Li-Li Hsiao, former Harvard Medical School Admissions Committee member and founder of KDSAP, gave a presentation to Harvard College students on preparing and applying for medical school. Following

the presentation, Dr. Hsiao was joined by current Harvard Medical School students for a Q&A panel. There were 27 attendees at this program.

KDSAP Training and Screening

- The KDSAP office has held nine screenings in the 2015-2016 fiscal year. Five screenings were within

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New Chapters' Firsts

University of Pittsburgh/Carnegie Mellon University

Pittsburgh, PA

University of Pittsburgh and Carnegie Mellon University established their KDSAP chapter in Fall 2015, becoming the first combined KDSAP chapter. This chapter had their first screening at Sri Venkateswara (SV) Temple in Pittsburgh, PA. The Pitt and CMU KDSAP volunteers screened a total of 29 participants.



Pitt and CMU KDSAP volunteers at their first screening in SV Temple

University of Connecticut

Storrs, CT

University of Connecticut (UConn) established its KDSAP chapter in Fall 2015. UConn KDSAP had its first screening at United Church on the Green in New Haven, CT. The UConn KDSAP volunteers screened a total of 12 participants.



UConn KDSAP volunteers setting up for their first screening at United Church on the Green

Amherst College

Amherst, MA

Amherst College established its KDSAP chapter in Fall 2015. Amherst KDSAP had its first screening at Unitarian Universalist Society of Amherst in Amherst, MA. The Amherst KDSAP volunteers screened a total of 24 participants.



Amherst KDSAP Field Day



KDSAP Training



Amherst KDSAP's first screening

Programs Designed for Student Development

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Massachusetts and included Chinese Gospel Church of MA -Southborough, Fountain of Grace Church, Symphony Plaza Senior Apartments, Milal Korean Church, Unitarian Universalist Society of Amherst and Boston Culture Center of Taipei Economic and Cultural Office. Four out-of-state screenings were at Sri Venkateswara Temple (Pittsburgh, PA), United Church on the Green (New Heaven, CT), and Chinese Christian Church in Somerset (Somerset, NJ).

328 people have been screened this year.

- 12 kidney health seminars have been held this year within Massachusetts at locations such as Symphony Plaza Senior Apartments, Chinese Gospel Church of MA--Worcester, Peace Lutheran Church, Amherst College, Boston University, and Chinese Baptist Church of Greater Boston. Out-of-state seminars

were held at American University (Washington, D.C.), Guiding Light Assembly and The Redeemed Christian Church of God (both in Abuja, Nigeria.)

- 225 people have received Universal Precaution and Professionalism (UPP) training this past year. The UPP program teaches volunteers screening techniques with an emphasis on safety, professionalism, and humanity. UPP training is mandatory for all KDSAP members who wish to volunteer at kidney health screenings. Since May 2011, 635 people have received UPP training.

- 50 people have received blood pressure (BP) training this past year. BP training teaches college students the proper method to measuring blood pressure. 201 people have successfully passed the BP training since April 2009.

KDSAP Student Leaders Get Trained in Boston

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munity outreach programs.

The New Chapter Training is a two-day training that was designed to teach students and their mentors about the mission of KDSAP and the fundamentals for starting a new KDSAP Chapter. Day 1 of the training focused on teaching students about KDSAP, how to start a KDSAP chapter and how Harvard KDSAP runs its chapter. The first day of training culminated in a dinner social that included nationwide KDSAP student leaders, students from the Harvard Summer Research Program in Kidney Medicine (HSRPKM), a National Institute of Health grant sponsored program, and students of the New Chapter Training. This dinner social was designed to encourage students to expand their networks and to share their experiences in the nephrology field.

The second day of the New Chapter Training included a kidney health screening at Chinese Gospel Church of Massachusetts. Students were given first-hand experience in serving the community. The screening not only gave students a chance to practice the skills they had learned in Day 1 of the training, but also gave students a more in-depth understanding of KDSAP's mission to serve. A total of 37 participants were screened by the end of Day 2. Three new chapters have been fully established and have had their own screenings since the KDSAP new chapter training.



A dinner social held for the KDSAP student leaders, HSRPKM students, and New Chapter Training attendees

Kidney Disease Screening and Awareness Program

About KDSAP

The Kidney Disease Screening and Awareness Program (KDSAP) was created and founded by Li-Li Hsiao, MD, PhD in March 2008. The first KDSAP chapter is registered at Harvard College where Dr. Hsiao has served as the official advisor. KDSAP has two key objectives: student career development and community outreach.

Many innovative programs have been created by Dr. Hsiao for the benefit of KDSAP students. KDSAP offers several speaker series and programs each semester that expose students to the scientific and medical professions and facilitate the development of mentor-mentee relationships. KDSAP members may also participate in the community outreach program, which runs monthly screenings in medically underserved communities. KDSAP members also have opportunities to develop leadership skills through organizing and managing screenings.

KDSAP is one of the first models that strategically targets undergraduate students early in their educational career to help address the current nephrology workforce shortage. KDSAP has gained nationwide and international attention and many institutions have established KDSAP chapters of their own. To find out more about KDSAP, please visit the KDSAP website: www.kdsap.org.

Collaboration in Nigeria

With the invitation from Fountain of Grace Church, a KDSAP partner since 2012, Dr. Li-Li Hsiao traveled with the church's medical missionary group to Nigeria to serve the community of Abuja, Nigeria. A connection with University of Ibadan College of Medicine was established during the trip and the school has expressed its interest in bringing KDSAP to Abuja. Currently, both parties are applying for International Society of Nephrology's Educational Ambassadors Program which works to "invite an expert to organize hands-on training to develop a specific area of nephrology service and/or education" in centers of low and middle income countries.



Dr. Li-Li Hsiao sees patient in Nigeria during the health missionary trip with the Fountain of Grace Church of Canton, MA

Coming Up

- Boston University KDSAP will have its 1st screening at Our Lady of the Cedars, a Lebanese church in Boston, MA, in October, 2016.
- UC Berkeley KDSAP will have its 1st screening at Home of Christ 3 (HOC-3) in Fremont, CA in October, 2016
- KDSAP Headquarters is planning a Chapter Retreat to bring leaders of nationwide KDSAP chapters together to share successes, brainstorm ideas, and plan for the future of KDSAP.



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